

Surrey Sports Injury Conference

.....solutions to complex problems.



Friday 3rd December 2010

**Surrey Sports Park
Guildford**

Provisional Programme.

Welcome and introduction-

9:30 Morning Session- Chair Mr Mark Flannery

Shoulder instability- The anatomy of the 3 types
what's the difference and why does it matter.

Post traumatic dislocations, How to rehab, when
to operate and what I do .

Athletes with ligament laxity, What do I want from
Rehab, when and how do I operate

Glenoid bone loss- early diagnosis, why does it
Make a difference and how I do it.

Breakout small group practical sessions

How I diagnose measure and treat muscle
patterning in the shoulder.

Health and fitness testing in elite athletes.
What can measured and how

Ultrasound and guided injections
Practical session on models

13:30 Lower Limb Session- Chair Mr Neil Bradley

Knee tendonopathy, prevention and management

Knee tendonopathies - Is there a role for surgery?

Lateral knee pain- what are the causes
and how to identify them.

Performance enhancing drugs at the Olympics.

How I diagnose groin pain

Hip arthroscopy –which patients, when and
what we can do.

Ankle instability

Mr Peter Magnussen

Mr Anthony Hearnden.

Upperlimb surgeon RSCH

Mr Mark Pritchard.

Shoulder surgeon Swansea

Mr Andrew Wallace.

Shoulder Surgeon John& Lizzies

Mr Mark Falworth.

Shoulder surgeon RNOH

Anju Jaggi

Clinical Physio Specialist RNOH

Prof Hubert Bland

CMO Human Performance Institute

Dr Andy Carne

The Guildford Clinic.

Dr Cathy Speed

Lead physician Institute of sport

Mr Mike Lemon

Knee surgeon RSCH

Mr Neil Bradley

Knee Surgeon RSCH

Prof. Russell-Jones

Consultant to IOC

Mike Bundy

Sports Physician Eng RFU

Mr Kerry Acton

Hip surgeon RSCH

Mr Graham Anderson;

Physiotherapist All England Lawn Tennis

Leisure time has evolved



This course will bring together experts from all the specialities who manage sports injuries. Including small group breakout sessions providing hands on experience in ultrasound, guided injections, health and fitness testing with fascinating lectures from scientists at the cutting edge of research into sports medicine and Human Performance.

The course is for everyone involved in treating sports injuries Physiotherapists, sports doctors, GPs and surgeons.

Venue. The new Sports Park is one of Europe's premiere sites for elite sport and leisure; a state of the art venue and world class sports facilities. Home to the women's rugby world cup, the national squash team and an Olympic team venue.

Invited Faculty

Dr. Mike Bundy; Sports Physician. Team Doctor for England national and the 7's rugby teams since 2003.

Ms Anju Jaggi; Clinical Physiotherapy Specialist, Royal National Orthopaedic Hospital, Stanmore.

Dr Cathy Speed; Lead Physician to the English Institute of Sports, team doctor England Badminton and English Ladies Golf Association.

Mr. Andrew Wallace; Shoulder surgeon Hospital of St John and St Elizabeth, senior lecturer at Imperial College.

Prof. David Russell-Jones; International authority on insulin and diabetes. Consultant for International Olympic Committee on performance enhancing drugs.

Prof. Hubert Bland; Chief medical officer, Surrey Research Centre and Human Performance Institute.

Mr. Mark Fallworth; Shoulder surgeon, Royal National Orthopaedic Hospital, Stanmore.

Mr. Mark Pritchard; Consultant Orthopaedic Surgeon Morriston Hospital, Swansea

Mr Graham Anderson; Physiotherapist for the All England Lawn Tennis and Commonwealth Games.

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COURSE FEES:

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